Back-up Care Program

Today's Agenda

- Introduction to the **NIH Back-up Care Program**

- Introduction to **Bright Horizons**®

- What is the ***Back-Up Care Advantage Program***®?

- How can I register and reserve care?

- Program policies

- Additional resources

NIH Back-up Care Program

- Offers a comprehensive array of emergency and/or short term care for children, adult/elder dependents and self-care across the United States.

- NIIH Employees can use this program when they need to be at work and their regular child or adult / elder care is unavailable.

- NIH has contracted with Bright Horizon to provide access to the Back-up Care Advantage Program. This service will assist employees in balancing the competing demands of work and life.

- Is a three (3) year pilot program and will be evaluated by the Office of Research Services and the NIH Child Care Board.

History

- **Child care and work/life programs**

- **Provider of choice**

- **Employer of choice**

Reasons to Use Back-Up Care

Planned

- Caregiver vacations
- School breaks
- After minor surgery
- Business travel

Unplanned

- School closed due to weather
- Mild illness
- Provider quit
- In between care

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What is the *Back-Up Care Advantage Program*?

child care centers

in-home adult care

in-home child care

Center-Based Child Care

- Bright Horizons and network centers

- Infants through preschool (some school age)

- Licensed and accredited

- References verified

- CPR and First Aid training

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In-Home Child Care

- Mildly ill care
  - *Common cold*
  - *Low grade fever*
  - *Ear infection*

- Well care too!

- Quality nanny and home health agencies

- Home health aides, personal care assistants and nannies

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In-Home Adult/Elder Care

- Not just for children!
  - *Spouse/partner*
  - *Adult children*
  - *Parents*

- Recovering from illness, surgery or injury

- Primary caregiver unavailable

- Assist with activities of daily living

- Caregiver sent to the home

- Care is available nationwide

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Eligibility

- NIH Employees (Federal Employees and Fellows)

- You must verify your eligibility by submitting you information to the NIH Back-up Care program.

- Once you are verified as eligible, you will receive an email (within 2 business days) with information on how to register online or by telephone with Bright Horizons.

Verify your eligibility TODAY at:

http://backupcare.ors.nih.gov

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Registration & Reservations

No fee to register

You can reserve care up to one month in advance or on the day care is needed

Program Fees

Uses and Fees

- May use up to 10 days per employee/per calendar year

- Center-based care is $6 per hour/per child.

- In-home care is $16 per hour/up to 3 children **or** 3 adults.

- There is a 4 hour minimum to reserve care.

Program Policies

Cancellation Policy

- You can cancel your reservation up to 5:00 pm on the business day prior to the day care is scheduled.

- After 5:00 p.m. counts as a day of care and you will be charged.

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Other NIH Resources

- **NIH Child and Dependent Care Resource and Referral Services**

- **NIH Parenting Listserv**

- **Lunch and Learn Parenting/Dependent Care Seminars**

- **Heart to Heart: Caregiver Conversations/Support Group**

http://childcare.ors.nih.gov

- **Employee Assistance Program**

  http://www.ors.od.nih.gov/sr/dohs/eap/Pages/index.aspx

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QUESTIONS?